# TMDU MPH Course Alumni Report



# **Messages from Graduates**



## Margaret Naa Atswei Boye

Medical Officer at Korle Bu Teaching Hospital

Graduated in September, 2020

#### Why did you enter the MPH course?

I joined the MPH program because I come from a resource-limited setting and I wanted to acquire the knowledge needed to improve and protect the health of my community.

#### What kind of work do you currently do?

I am currently working as a medical doctor in Ghana.

#### What is worthwhile about your current work?

By actively interacting with people to save their lives and educate them on healthy lifestyles, I am a frontline worker in my nation's war against communicable and non-communicable diseases.

# How does what you learned at MPH help you in your current work?

With my MPH background, I am able to promote health education in my institution. I also provide support in tracking and response to disease outbreaks.

#### Please give a message to the MPH students.

The MPH program at TMDU is among the best in the world. You get to learn from well renowned public health experts and also acquire the skills to tackle public health issues. As you study, also make time to have fun and explore Japan.

## Mutsumi Gotanda

Training student at National Musashino Gakuin

Graduated in March, 2021

#### Why did you enter the MPH course?

When I was an undergraduate, I majored in clinical laboratory science and had the opportunity to learn about healthcare policy. What I felt there was that people's health is determined not only by medical care but also by the social system. I wanted to be able to think about a better life for people from a broader perspective, so I decided to major in public health, a field that integrates society and medicine, and enrolled in the TMDU MPH course.

#### What kind of work do you currently do?

I am currently a training student at a national children's independence support facility in Japan. I live in the facility and spend a year studying child welfare and social welfare, as well as doing practical training in the dormitory where the children live.

#### What is worthwhile about your current work?

I have spent the year interacting with the children as a training student, and I feel that the most attractive part of this job is that I can be involved with the children as they change and become more mature through their lives.



# How does what you learned at MPH help you in your current work?

In the TMDU MPH course, I learned about the lifelong effects of social inequality and social capital. I also learned how, to what extent, and what kinds of illnesses can be caused in the future by socioeconomic status (SES) during fetal and early childhood, such as child poverty, and adverse childhood experiences.

I am now in a position to provide support to children who have grown up in harsh environments and have suffered a lot of trauma. Many of them have been raised in a seriously abusive or inappropriate home environment. When I think about supporting them, I always remember what I learned at MPH.

#### Please give a message to the MPH students.

I am now looking to work in the field of social welfare, which is somewhat different from the field of public health, but the lessons I learned in the MPH course have always been the foundation of my way of thinking. I believe that people's health is deeply connected to society. The strength of the MPH course is that you can learn the process of objectively looking at the relationship between society and health, evaluating it, and proposing ways to improve it.

Hope your studies at MPH will be fruitful and looking forward to collaborating with you all in the near future!

# **MPH** Course

### Introduction of newly enrolled students in October 2021

#### Name

OMONDI SHARON AWINO

Country Kenya

#### Previous affiliation

Work: Bristol Park Hospital School: Jomo Kenyatta University of Agriculture and Technology (School of Pharmacy)

#### Comment

I am very excited to join the TMDU MPH program. I can't wait to work together with my colleagues and lecturers. I look forward to learning a lot from this course and contributing to the improvement of health conditions in my country, Africa and the globe as a whole.

#### Name NOLL ANNA MAKAY Country USA

Name

Country

Comment

Previous affiliation

University of Namibia- Registered Nurse

health behavior and lifestyles of our nation.

Namibia

#### **Previous affiliation** B.A. in Public Health and Japanese, Calvin University in Grand Rapids, Michigan

Comment

**Comment** I am so grateful to be a part of the MPH program at TMDU, especially in a time where public health has become so important. While joining the program online in the U.S. can be challenging due to the time difference, I have a wonderful group of peers and professors who keep our courses engaging and allow me to think critically about various topics in public health. I'm very excited to continue my studies and hope to come to Japan soon!

I feel blessed to become a student at TMDU. It's a dream

comes true for me. My main goal is to gain knowledge

and skills in public healthcare in order to enable me to

contribute positively to the improvement of health care,



#### Name TASNIM ZARIN Country Bangladesh

#### Previous affiliation

Lecturer at Royal Medical and Technology Institute Bangladesh

Dentist at Royal Dental Care Bangladesh

#### Comment

Name LIU TUNG-WEI

I decided to complete my Masters in TMDU and got the opportunity. I think the course is very informative and it helped me to learn new things. Though because of the pandemic, I am doing online classes. I think it will be more interesting if we can make the classes face to face.



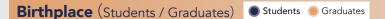
#### Country Taiwan

**Previous affiliation** 

Pharmacist Bachelor of Science in Pharmacy, School of Pharmacy, Taipei Medical University

#### Comment

It is my great honor to join this big family of MPH course in TMDU. I am really grateful to learn with classmates from various cultural backgrounds. Thanks to technology and nice arrangements by professors and staff in TMDU, we can still meet online and share our points of view smoothly in the pandemic. I am looking forward to next semester and wish everyone happy new year.





# **TMDU** TOPICS

### Announcing the Opening of TMDU Innovation Park (TIP), an Innovation Hub Connecting Companies, Universities. and Medical Institutions

Jointly run by Tokyo Medical and Dental University and Mitsubishi Estate, TIP aims to inspire collaboration between academia, the government, and a diverse range of startups and other companies, to help make a society a place with better medical treatment and healthier people.

It will work on total health care innovation by enabling people from industry, academia, and the government to share time, space, and knowledge in an environment with easy access to where research, education, and medical care actually take place. This will lead to ideas no one university or company could ever come up with alone, add impetus to their projects, and bring a host of other benefits besides.

https://tmdu-tip.jp/ (Japanese text only)



**Innovation Salon** 





Equipment Sharing

**Coworking Space** 

# MPH Official Facebook

This is the official Facebook page for the MPH Course. It has news about the course, scenes from classes, event information, and more.



## **TMDU MPH Alumni Report**

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